**Suicide Prevention Hotline 1-800-273-8255**

**THESE ARE THE INTAKE NUMBERS FOR PARENTS/PATIENTS TO CALL TO BE PUT ON THE **WAIT LIST** FOR A PSYCHIATRIST APPOINTMENT**
*****patients MUST start HERE*****
**UPSTATE PATIENT INTAKE: 315-464-3161**
**ST JOE'S PATIENT INTAKE: 315-703-2747**

**2025 Recommended List of Psychological Providers, listed alphabetically**

| Provider Name | Information/Notes | Address | Phone # |
|---|---|---|---|
| Shane Brown, LCSW-R | Sports Psychology, performance, ages 10+ (currently has wait list) | 2507 James St. Ste 203, Syracuse, NY 13206 | 315-748-8735 |
| Nicole Brown, LMHC | cognitive behavioral therapy | 5413 W. Genesee St.,Syracuse, NY 13219 | 315-543-6684 |
| Sabrina Capozza, LMHC, NCC | TEENS | 5413 W. Genesee St., #101, Camillus, NY 13031 | 315-802-4034 |
| Melissa Carmen PhD, LMHC | Adolescents, girls, anxiety, eating disorders | 6858 E. Genesee St.,Fayetteville, NY 13066 | 315-491-0172 or 315-400-0100 |
| Patrick Casey, PhD | Psychology-Anxiety/Depression *accepting all insurances | 6836 E. Genesee St.,Fayetteville, NY 13066 | 315-415-1157 |
| Suzanne Corey, FMHNP-B, MMP | Depression,anxiety, autism, OCD, PTSD, ADHD, personality disorders | 27 Fennell St, Skaneateles NY 13152 | 315-554-1023 |
| Niamh Doyle, PhD (pronounced Naeve) | Behavioral/Anxiety/ASD/ADHD *self pay | 7030 E. Genesee St., Fayetteville NY 13066 | 315-400-3116 |
| Sarah Felver, PhD sarahfelverphd@gmail.com | ADHD, learning disorders, Autism, Child/Adolescent Therapy, parent support | 4317 E. Genesee, Suite 202, Syracuse NY 13214 | 315-308-1137 |
| Patti Finton, LCSW-R | Trauma, ages 7+ | 2507 James St. Ste 203, Syracuse, NY 13206 | 315-748-8735 |
| Amy Goodrum, PhD, Psychologist | Depression/Anxiety/ADHD/Autism/Anxiety | 7000 E Genesse St., Fayetteville NY 13066 | 315-449-4677 |
| Will Hartley, LCSW | TEENS Psychology, Depression/ Anxiety | 312 Elm St., Fayetteville NY 13066 | 315-882-8221 |
| Heather L. Hay, PhD | individual, couples, parenting, child/adolescent +adult | 2100 E. Genesee St. Suite 201, Syracuse NY 13210 | 315-409-9790 |
| Alex Hinnebusch, PhD, Psychologist | learning, ADHD, Autism, psychotherapy, DRH@evergreenmha.com | 4758 Lynnville Way, Clay NY 13041 | 626-565-4340 |
| Dr. Geoffrey Hopkins, Psychiatrist | Medication/Med Management | 2507 James St. Ste 203, Syracuse, NY 13206 | 315-748-8735 |
| Kim Loughlin, LMHC | Autism | 2507 James St. Ste 203, Syracuse, NY 13206 | 315-748-8735 |
| Barbara B. Mettleman, PhD | Anxiety/ADHD/Behavioral/Equine *accepting all insurances | 1101 Erie Blvd. East, Rm 212, Syracuse NY 13210 | 315-559-1319 |
| Juanita Mitchell, LMHC | Play Therapy | 4317 E Genesee St., #105, Syracuse, NY 13219 | 315-569-1968 |
| Sherie Ramsgard, MSN, NPP | Psychology/Autism | 191 Intrepid Lane, lower level, Syracuse NY 13205 | 315-218-5909 |
| Tonja Rector, MA, LMFT | Depression/Anxiety/Play Therapy *self pay | 7000 E Genesee St, Fayetteville, NY 13066 | 315-449-2300 |
| Heather Robillard, LMSW | School/Education issues related to anxiety/depression, Ages 10+ | 2507 James St. Ste 203, Syracuse, NY 13206 | 315-748-8735 |
| Lindsay Rowe, LCSW lindsayrowelcsw@gmail.com | child/family therapy | 2501 James St., Syracuse NY 13206 | 315-750-6909 |
| Arlene Staubsinger, PhD | Psychologist, Age 10 & up, no MCD/Fidelis | 8100 Oswego Rd., # 235, Liverpool, NY 13090 | 315-559-1273 |
| Barb Shepard, LMHC | TEENS/ Families - OCD, Anxiety | 7000 E. Genesse St., Fayetteville, NY 13066 | 315-313-4075 |

**Multi-Provider Practices/Community Resources for Care**

| Name | Information/Notes | Address | Phone # |
|---|---|---|---|
| ADHD + Autism | www.aapsa.net | Utica and Syracuse | 315-732-3431 |
| Arise Child & Family Services | | 635 James St., Syracuse NY 13203<br>1972 New Boston Rd, Chittenango, NY 13037<br>9 4th Ave, Oswego NY 13126<br>1091 Northside Shopping Center, Oneida NY 13421<br>21 Lincoln St., Auburn NY 13021 | 315-472-3171 |
| Brighter Days Pediatric Mental Heath Urgent Care | Walk in 12pm-7pm, 7 days/week closed some holidays | Mental health & Wellness Entrance<br>300 Crittenden Blvd, Rochester NY 14642 | 585-275-8686 |

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|---|---|---|---|
| Bright Path Counseling Services (5y+) | Depression/Anxiety/anger/hypnotherapy | 7266 Buckley Road , N. Syracuse, NY 13212 | 315-458-0919 |
| CNY Autism Society of America | cnyasa@yahoo.com | 4465 E. Genesee St., PMB 252, Dewitt NY 13214 | 315-447-4466 |
| CNY Mental Health Counseling | Self Pay,possibility of out of network reimbursement | 107 Fayette St., Manlius, NY 13104<br>115 Chapel St., Fayetteville NY 13066 | 315-400-0110 or info@chymhc.com |
| CNY Neuropsychology + Counseling | | 290 Elwood Davis Rd., Suite 222, Liverpool NY 13088 | 315-935-3037 |
| Copeland Counseling | | 6006 Drott Dr. E. Syracuse NY 13057 | 315-476-3333 |
| Dynamic Emotional Wellness-<br>Kourtney Darrow (6yr +)<br>Stephanie Hughes (Adults)<br>Julie Middleton (Adults) | Aetna,Cigna,MVP,Anthem BCBS, United Health Care and self pay | 5856 Heritage Landing Dr., E. Syracuse NY 13057 | 1-877-339-2873 |
| East Side Counseling | | 5800 Heritage Landing Dr, E. Syracuse NY 13057 or<br>4317 E. Genesee St, Syracuse NY 13214 | 315-396-8400 |
| FACTS Counseling | | 2105 West Genesee St, Suite 113, Syracuse NY 13219 | 315-488-1884 |
| Families for Effective Autism Treatment of CNY | info@featofcny.org | 51 Carousel Lane, Baldwinsville NY 13027 | 315-559-3823 |
| Helio Health | Psych Eval & Treatment /meds/eval<br>walk ins Mon-Fri 8am-3pm | 329 N. Salina St, Syracuse NY 13203 2nd floor | 315-471-1564 |
| Insight Wellness Psychiatric Nurse Practitioner | | 4500 Pewter Lane Building 8 & 9, Manlius NY 13104 | 315-400-1988 |
| Just Be Kids LLC | justbekidscny@gmail.com | 43 Oswego St., Baldwinsville NY 13027 | 315-320-6208 |
| Liberty Resources | Drug & Alcohol Counseling Adolescents | 1045 James Street, Syracuse, NY 13203 | 315-472-4471 |
| Psychiatry High Risk Program (PHRP) | Nichole Galla email: gallan@upstate.edu | | 315-464-3117 |
| Psychological Healthcare Associates | | 890 7th North St., Suites 100 & 200, Liverpool NY 13088<br>3300 James street., Suite 100,101,201 Syracuse NY 13206<br>8289 Loop Rd , Baldwinsville NY 13027<br>1 Ellinwood Court, New Hartford, NY 13413 | 315-200-1056 (Liverpool)<br>315-422-0300 (James St.)<br>315-638-2853 (Baldwinsville)<br>315-671-0717 (New Hartford) |
| Psychology Today | www.psychologytoday.com | | |
| Skaneateles Psychology Associates | Depression, Anxiety, OCD: Individual & Family Therapy | Locations: Skaneateles & Manlius | 315-217-6888 |
| St.Joesph's Children + youth outpatient clinic | | | Main 315-703-2800<br>Peck Hall 315-726-8680<br>East Syracuse 315-437-0586<br>North Medical Center 315-458-6111 |
| Strong Behavioral Health (Rochester) | Parenting Concerns | 777 S. Clinton Ave, Rochester, NY 14604 | 585-236-8653 |
| Syracuse Recovery Sevices (SRS) (ages 14+) | www.srsrecovery.org | 319 Water St., Syracuse NY 13202 | 315-475-1771 ext.102 |
| Upstate Medical University Child & Adolescent Psychiatry Clinic | | 713 Harrison St. Room 126, Syracuse NY 13210 | 315-464-3165 |
| Vita Health-Telehealth (12yr+) | Anxiety, Depression, ADHD, OCD, Trauma, Eating Disorders, Substance use and suicide ideation | Monday-Friday 8am-8pm ET | 1-844-866-8336 |
| Wellness Therapy Services | | 404 Oak St., Suite 200, Syracuse NY 13203 | 315-703-0168 |
| Whole Mental Wellness | | 100 Clinton St., Fayetteville, NY 13066 | 315-218-5909 |

**Credentialing Key:**

**BCBA**-Board Certified Behavior Analyst **LMHC**-Licensed Mental Health Counselor **NCC**-National Certified Counselor
**LCSW**-Licensed Clinical Social Worker **MSN, NPP**, Master of Science in Nursing, Nurse Practitioner, Psychiatric
**LCSW-R**- Licensed Clinical Social worker with Psychotherapy "R" Privilege: An LCSW, who fulfills the requirements of the insurance law for supervised experience providing psychotherapy, is recognized in New York State as a reimbursable psychotherapist.
**MD**-Doctor of Medicine **NP**-Nurse Practitioner **PhD**-Doctorate of Philosophy

**Revised Aug 2025**